

47th
ESPEN
CONGRESS



EUROPEAN
SOCIETY FOR
CLINICAL
NUTRITION AND
METABOLISM

47th ESPEN Congress

on Clinical Nutrition & Metabolism

Prague, Czech Republic
13-16 September 2025

Prague Congress Center



REVOLUTION
IN NUTRITION

Mini Programme



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Opening Hours & QR Codes



| | Registration Area | Exhibition Area | Attended Poster Sessions | Speaker Preview Room | Cloakroom |
|-----------------------------------|---|-----------------|--|----------------------|---------------|
| Friday 12 September 2025 | LLL sessions 08:00 - 18:30 Main congress 16:00 - 18:30 | - | - | - | 08:00 - 18:30 |
| Saturday 13 September 2025 | 07:15 - 19:00 | 12:00 - 20:30 | Poster viewing 12:00 - 14:00 Poster tours 12:30 - 14:00 | 10:00 - 19:30 | 07:15 - 20:00 |
| Sunday 14 September 2025 | 07:30 - 19:00 | 09:30 - 18:00 | Poster viewing 12:00 - 14:00 Poster tours 12:30 - 14:00 | 07:30 - 19:00 | 07:30 - 20:00 |
| Monday 15 September 2025 | 07:30 - 17:30 | 09:30 - 16:30 | Poster viewing 12:00 - 14:00 Poster tours 12:30 - 14:00 | 07:30 - 17:30 | 07:45 - 19:00 |
| Tuesday 16 September 2025 | 08:00 - 11:00 | 09:00 - 12:00 | - | 08:00 - 11:30 | 08:00 - 12:30 |

Online Programme*



Mobile App**



Virtual Platform**



*This programme was printed on August 25th and might be subject to some changes. For a live and accurate version, we suggest you to view the online programme.

**To log into the mobile app and virtual platform, you need to use the credentials received by email in your confirmation letter.

LLL Programme* Overview | Friday 12 September 2025

* Upon pre-registration only.

| | South Hall 3A | South Hall 3B | South Hall 3C | Chamber Hall | Conference Hall |
|-------|---|--|--|---|--|
| 08:00 | | | | | |
| 08:15 | | | | | |
| 08:30 | | | | | |
| 08:45 | | | | | |
| 09:00 | Screening, diagnosis and assessment of malnutrition (1/2) | Nutritional support in neurological diseases (1/2) | Nutritional support in renal diseases (1/2) | Organisation of nutritional care: Ethic and legal aspects (1/2) | Approach to parenteral nutrition (1/2) |
| 09:15 | | | | | |
| 09:30 | | | | | |
| 09:45 | | | | | |
| 10:00 | | | | | |
| 10:15 | | | | | |
| 10:30 | LLL coffee break in Foyer, Level 4 | | | | |
| 10:45 | | | | | |
| 11:00 | | | | | |
| 11:15 | Screening, diagnosis and assessment of malnutrition (2/2) | Nutritional support in neurological diseases (2/2) | Nutritional support in renal diseases (2/2) | Organisation of nutritional care: Ethic and legal aspects (2/2) | Approach to parenteral nutrition (2/2) |
| 11:30 | | | | | |
| 11:45 | | | | | |
| 12:00 | | | | | |
| 12:15 | | | | | |
| 12:30 | | | | | |
| 12:45 | | | | | |
| 13:00 | LLL lunch break in Foyer, Level 4 | | | | |
| 13:15 | | | | | |
| 13:30 | | | | | |
| 13:45 | | | | | |
| 14:00 | | | | | |
| 14:15 | Nutrition in liver and pancreatic diseases (1/2) | Nutrition in cancer (1/2) | Nutritional support in diabetes and dyslipidemia (1/2) | Nutritional support in the perioperative period (1/2) | Nutrition in pediatric patients II (1/2) |
| 14:30 | | | | | |
| 14:45 | | | | | |
| 15:00 | | | | | |
| 15:15 | | | | | |
| 15:30 | LLL coffee break in Foyer, Level 4 | | | | |
| 15:45 | | | | | |
| 16:00 | | | | | |
| 16:15 | Nutrition in liver and pancreatic diseases (2/2) | Nutrition in cancer (2/2) | Nutritional support in diabetes and dyslipidemia (2/2) | Nutritional support in the perioperative period (2/2) | Nutrition in pediatric patients II (2/2) |
| 16:30 | | | | | |
| 16:45 | | | | | |
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| 18:45 | | | | | |
| 19:00 | | | | | |

LLL Programme* Overview | Saturday 13 September 2025

* Upon pre-registration only.

| | Panorama Hall | South Hall 3A | South Hall 3B | South Hall 3C | Chamber Hall | Conference Hall |
|-------|---|--|--|--|--|--|
| 08:00 | SCI-LLL presentation and publication skills (1/2) | Nutritional support in GI diseases (1/2) | Nutritional support in intensive care patients (1/2) | Chronic intestinal failure and home parenteral nutrition in adults (1/2) | Nutrition and prevention of diseases (1/2) | Approach to oral and enteral nutrition (1/2) |
| 08:15 | | | | | | |
| 08:30 | | | | | | |
| 08:45 | | | | | | |
| 09:00 | | | | | | |
| 09:15 | | | | | | |
| 09:30 | LLL coffee break in Foyer, Level 4 | | | | | |
| 09:45 | | | | | | |
| 10:00 | | | | | | |
| 10:15 | | | | | | |
| 10:30 | SCI-LLL (2/2) | Nutritional support in GI diseases (2/2) | Nutritional support in intensive care patients (2/2) | Chronic intestinal failure and home parenteral nutrition in adults (2/2) | Nutrition and prevention of diseases (2/2) | Approach to oral and enteral nutrition (2/2) |
| 10:45 | | | | | | |
| 11:00 | | | | | | |
| 11:15 | | | | | | |
| 11:30 | | | | | | |
| 11:45 | | | | | | |
| 12:00 | LLL lunch break in Foyer, Level 4 | | | | | |
| 12:15 | | | | | | |
| 12:30 | | | | | | |
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| 13:45 | | | | | | |
| 14:00 | | | | | | |

Sunday 14 September 2025

| | |
|---------------|--------------|
| 08:00 - 12:00 | Chamber Hall |
|---------------|--------------|

Teach the training of teachers in clinical nutrition

Monday 15 September 2025

| | |
|---------------|------------------|
| 13:00 - 17:00 | Meeting Room 3.3 |
|---------------|------------------|

Final examination for the ESPEN European diploma in clinical nutrition & metabolism

LLL Programme* Day by Day | Friday 12 September 2025

* Upon pre-registration only.

09:00 - 13:00

South Hall 3A

Screening, diagnosis and assessment of malnutrition

Moderated by Rémy Meier (CH)

- 09:00 Screening, diagnosis and assessment of malnutrition / [Rémy Meier](#) (CH)
- 09:30 Body composition / [Kristina Norman](#) (DE)
- 10:00 Energy and protein balance and requirements / [María Ballesteros-Pomar](#) (ES)

09:00 - 13:00

South Hall 3B

Nutritional support in neurological diseases

Moderated by Rosa Burgos (ES)

- 09:00 Nutritional and metabolic consequences of neurological diseases / [Irene Breton](#) (ES)
- 09:30 Nutritional support in stroke / [Irene Breton](#) (ES)
- 10:00 Nutritional support in chronic neurological diseases / [Rosa Burgos](#) (ES)
- 10:30 Nutritional support in dementia / [Rainer Wirth](#) (DE)

09:00 - 13:00

South Hall 3C

Nutritional support in renal diseases

Moderated by Alice Sabatino (SE)

- 09:00 Nutritional support in acute kidney disease / [Francesca di Mario](#) (IT)
- 09:30 Nutritional support in chronic renal failure / [Alice Sabatino](#) (SE)
- 10:00 Nutritional support in chronic maintenance hemodialysis / [Alice Sabatino](#) (SE)
- 10:30 Nutritional support in peritoneal dialysis / [Claudia D'Alessandro](#) (IT)

09:00 - 13:00

Chamber Hall

Organization of nutritional care: Ethic and legal aspects

Moderated by Diana Cardenas (FR)

- 09:00 Organisation of nutritional care / [Diana Cardenas](#) (FR)
- 09:30 Ethical and legal aspects of nutritional care / [Diana Cardenas](#) (FR)
- 10:00 Ethical issues and dilemmas in artificial nutrition / [Arved Weimann](#) (DE)
- 10:30 Clinical nutrition and human rights / [Rocco Barazzoni](#) (IT)

09:00 - 13:00

Conference Hall

Approach to parenteral nutrition

Moderated by Alessandro Laviano (IT) & Peter Austin (UK)

- 09:00 Indications and contradictions for parenteral nutrition / [Zeljko Krznaric](#) (HR)
- 09:30 Techniques of parenteral nutrition / [André van Gossum](#) (BE)
- 10:00 Compounding and ready-to-use preparation of PN: Pharmaceutical aspects / [Dina Ljubas Kelecic](#) (HR)
- 10:30 Monitoring and complications of parenteral nutrition / [Alessandro Laviano](#) (IT)

13:00 - 14:00

Foyer, Level 4

LLL lunch break

LLL Programme* Day by Day | Friday 12 September 2025

* Upon pre-registration only.

14:00 - 18:00

South Hall 3A

Nutrition in liver and pancreatic diseases

Moderated by Rémy Meier (CH)

- 14:00 Nutritional support in acute liver failure / [Rémy Meier](#) (CH)
- 14:30 Nutritional support in chronic liver disease / [Alastair Forbes](#) (UK)
- 15:00 Nutritional support in acute pancreatitis / [Rémy Meier](#) (CH)
- 15:30 Nutritional support in chronic pancreatitis / [Johann Ockenga](#) (DE)

14:00 - 18:00

South Hall 3B

Nutrition in cancer

Moderated by Alessandro Laviano (IT)

- 14:00 Nutritional and metabolic consequences of cancer and its treatment / [Alessandro Laviano](#) (IT)
- 14:30 Nutritional treatment strategies in cancer patients / [Harriet Jager-Wittenaar](#) (NL)
- 15:00 Physical activity and muscle training in cancer patients / [Matthew Maddocks](#) (UK)
- 15:30 Multimodal approach to cancer patients: Nutritional and clinical impact / [Jann Arends](#) (DE)

14:00 - 18:00

South Hall 3C

Nutritional support in diabetes and dyslipidemia

Moderated by Miguel Leon-Sanz (ES)

- 14:00 Medical nutrition in diabetes mellitus / [Michela Zanetti](#) (IT)
- 14:30 Nutritional support in diabetes mellitus type 1 and 2 / [Lubos Sobotka](#) (CZ)
- 15:00 Dyslipidemia: Targeting the management of cardiovascular risk factors / [Miguel Leon-Sanz](#) (ES)
- 15:30 Prescription of artificial nutrition in patients with dyslipidemia / [María Ballesteros-Pomar](#) (ES)

14:00 - 18:00

Chamber Hall

Nutritional support in the perioperative period

Moderated by Arved Weimann (DE)

- 14:00 Metabolic responses to surgical stress / [Olle Ljungqvist](#) (SE)
- 14:30 Managing surgical stress: Principles of enhanced recovery (ERAS) / [Olle Ljungqvist](#) (SE)
- 15:00 Making the gut work / [Dileep Lobo](#) (UK)
- 15:30 Nutritional therapy in the perioperative period / [Arved Weimann](#) (DE)

14:00 - 18:00

Conference Hall

Nutrition in pediatric patients II

Moderated by Koen Joosten (NL)

- 14:00 Nutritional assessment/ [Koen Huysentryt](#) (NL)
- 14:30 Enteral nutrition in pediatric patients/ [Iva Hojsak](#) (HR)
- 15:00 Parenteral nutrition in pediatric patients/ [Jessie Hulst](#) (CA)
- 15:30 Principles of feeding in pediatric ICU/ [Koen Joosten](#) (NL)

LLL Programme* Day by Day | Saturday 13 September 2025

* Upon pre-registration only.

08:00 - 11:00

Panorama Hall

SCI-LLL: Presentation and publication skills

Moderated by Nathalie Delzenne (BE)

- 08:00 How to develop a protocol and write a grant? / [Nathalie Delzenne](#) (BE)
- 08:30 How to present a paper? / [Nathan Davies](#) (UK)
- 09:00 What you need to know how to get your paper published? / [Nicolaas Deutz](#) (US)
- 09:30 Publication governance: Pitfalls to avoid / [Dileep Lobo](#) (UK)

08:00 - 12:00

South Hall 3A

Nutritional support in GI diseases

Moderated by Rémy Meier (CH)

- 08:00 The compromised gut / [Stanislaw Klek](#) (PL)
- 08:30 Challenges in treating intestinal failure in short bowel syndrome / [Alastair Forbes](#) (UK)
- 09:00 Nutrition and gastrointestinal fistulas / [Rémy Meier](#) (CH)
- 09:30 Nutrition in inflammatory bowel disease / [Rémy Meier](#) (CH)

08:00 - 12:00

South Hall 3B

Nutritional support in intensive care patients

Moderated by Pierre Singer (IL)

- 08:00 Physiology of stress and metabolic needs / [Michael Hiesmayr](#) (AT)
- 08:30 Route and timing / [Claude Pichard](#) (CH)
- 09:00 Dose and composition / [Elisabeth De Waele](#) (BE)
- 09:30 Monitoring and post ICU period / [Pierre Singer](#) (IL)

08:00 - 12:00

South Hall 3C

Chronic intestinal failure and home parenteral nutrition in adults

Moderated by Loris Pironi (IT)

- 08:00 Indications and outcome / [André van Gossum](#) (BE)
- 08:30 HPN: Training and monitoring chronic intestinal failure: Medical treatment / [Francisca Joly](#) (FR)
- 09:00 Central venous access device complications / [Geert Wanten](#) (NL)
- 09:30 Metabolic complications of home parenteral nutrition and indications for intestinal transplantation in chronic intestinal failure / [Loris Pironi](#) (IT)

08:00 - 12:00

Chamber Hall

Nutrition and prevention of diseases

Moderated by Maurizio Muscaritoli (IT)

- 08:00 Nutrition in the prevention of cardio-vascular diseases / [Rosa Burgos](#) (ES)
- 08:30 Nutrition in prevention of osteoporosis / [Maurizio Muscaritoli](#) (IT)
- 09:00 Nutrition in the prevention of cancer / [Maurizio Muscaritoli](#) (IT)
- 09:30 Nutrition in the prevention of neurological diseases / [Rosa Burgos](#) (ES)

SATURDAY 13 SEPTEMBER 2025

LLL Programme* Day by Day | Saturday 13 September 2025

* Upon pre-registration only.

08:00 - 12:00

Conference Hall

Approach to oral and enteral nutrition

Moderated by Matthias Pirlich (DE)

08:00 Indications, contraindications, monitoring / [Michela Zanetti](#) (IT)

08:30 Oral nutritional supplements / [Johann Ockenga](#) (DE)

09:00 Techniques of enteral nutrition / [Matthias Pirlich](#) (DE)

09:30 Formulae for enteral nutrition / [Alastair Forbes](#) (UK)

12:00 - 13:00

Foyer, Level 4

LLL lunch break

ESPEN GUIDELINES

*Anytime.
Anywhere!*



Introducing our user-friendly **app**, available for **smartphones, tablets**, and as a **web version**. Stay up-to-date with the latest medical recommendations with continuous additions of new guidelines. Currently, we provide access to 14 guidelines, ensuring you have the most comprehensive information at your fingertips.

**Download now
and elevate your
knowledge with
ESPEN's trusted
guidelines!**

Main Programme Overview | Saturday 13 September 2025

| | | | | |
|--|--|--|--|---|
|  Educational |  Scientific |  Main |  Abstract |  Satellite |
|--|--|--|--|---|

| | Congress Hall | Forum Hall | South Hall 3 | South Hall 2 | Panorama Hall |
|-------|---|--|---|---|---|
| 11:00 | | | | | |
| 11:15 | | | | | |
| 11:30 | | | | | |
| 11:45 | | | | | |
| 12:00 | | | | | |
| 12:15 | | Abbott Nutrition Health Institute | | | |
| 12:30 | | | Guided poster walk & poster session 1 in the Poster Area, Level 3 | | |
| 12:45 | | | | | |
| 13:00 | | | | | |
| 13:15 | | | | | |
| 13:30 | | | | | |
| 13:45 | | | | | |
| 14:00 | Ketones as nutritional substrates | Refeeding syndrome: When too little can be too much | Energy metabolism in ICU | Challenges with long-term home parenteral feeding | Nutritional status, body composition, and cancer outcomes: From assessment to intervention |
| 14:15 | | | | | |
| 14:30 | | | | | |
| 14:45 | | | | | |
| 15:00 | | | | | |
| 15:15 | | | | | |
| 15:30 | Coffee break in the Exhibition Area, Level 2 | | | | |
| 15:45 | | | | | |
| 16:00 | Nutrition and healthy ageing | Nutritional consequences of elimination diets in GI diseases... | Nutritional interventions during prehabilitation for cancer surgery | Iron, the old new kid on the block | Nutrition and perioperative outcomes: From prehabilitation to recovery |
| 16:15 | | | | | |
| 16:30 | | | | | |
| 16:45 | | | | | |
| 17:00 | | | | | |
| 17:15 | Opening ceremony & MNI grant ceremony | | | | |
| 17:30 | | | | | |
| 17:45 | | | | | |
| 18:00 | | | | | |
| 18:15 | | | | | |
| 18:30 | | | | | |
| 18:45 | | | | | |
| 19:00 | | | | | |
| 19:15 | Welcome reception in the Exhibition Area, Level 2 | | | | |
| 19:30 | | | | | |
| 19:45 | | | | | |
| 20:00 | | | | | |
| 20:15 | | | | | |
| 20:30 | | | | | |
| 20:45 | | | | | |
| 21:00 | | | | | |
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| 21:30 | | | | | |
| 21:45 | | | | | |
| 22:00 | | | | | |
| 22:15 | | | | | |

MAIN PROGRAMME OVERVIEW

Main Programme Overview | Sunday 14 September 2025

| | | | | | | | | |
|-----|----------|-------------|------------|------|----------|---------|-----------|----------|
| LLL | Live-LLL | Educational | Scientific | Main | Abstract | Special | Satellite | Workshop |
|-----|----------|-------------|------------|------|----------|---------|-----------|----------|

| | Congress Hall | Forum Hall | South Hall 3 | South Hall 2 | Panorama Hall | Chamber Hall | Room 3.1 | Room 3.3 |
|-------|--|--|--|--|---|---|--------------------|--------------------|
| 08:00 | | | | | Nutritional support in the older adults | Teach the training of teachers in clinical nutrition* | Meet the professor | Meet the professor |
| 08:15 | | | | | | | | |
| 08:30 | Not too early, not too much in ICU | Liver disease: Does nutritional treatment improve... | Nutritional approaches to enhance exercise benefits | Evidence-based nutrition in critical illness | | | | |
| 08:45 | | | | | | | | |
| 09:00 | | | | | | | | |
| 09:15 | | | | | | | | |
| 09:30 | | | | | | | | |
| 09:45 | | | | | | | | |
| 10:00 | Coffee break in the Exhibition Area, Level 2 | | | | | | | |
| 10:15 | | | | | | | | |
| 10:30 | Sir David | | Nutritional support in the older adults <i>Case & Test*</i> | | | | | |
| 10:45 | Cuthbertson | | | | | | | |
| 11:00 | lecture | | | | | | | |
| 11:15 | Best | | | | | | | |
| 11:30 | abstracts & | | | | | | | |
| 11:45 | awards | | | | | | | |
| 12:00 | | Guided poster tours in the Exhibition Area, Level 2 | | | | | | |
| 12:15 | | Poster session 2 in the Poster Area, Level 3 | | | | | | |
| 12:30 | | Nutricia | Meet the guidelines expert - SCI | Cardinal Health | Lunch break on Levels 2 & 3 | | | |
| 12:45 | | | | | | | | |
| 13:00 | | | | | Practical approaches to ONS use... | | | |
| 13:15 | | | | | | | | |
| 13:30 | | | | | Basic in clinical sports nutrition | | | |
| 13:45 | | | | | | | | |
| 14:00 | Feeding the gut to modulate bowel disease | Update in artificial nutrition components | Early Career Session | Consensus conference - ESPEN guideline on ethical aspects... | | | | |
| 14:15 | | | | | | | | |
| 14:30 | | | | | | | | |
| 14:45 | | | | | | | | |
| 15:00 | | | | | | | | |
| 15:15 | | | | | | | | |
| 15:30 | Coffee break in the Exhibition Area, Level 2 | | | | | | | |
| 15:45 | | | | | | | | |
| 16:00 | Time-restricted eating in mgmt of disease | Case discussion: Abdominal catastrophy ... | Beyond calories: Nutritional strategies to modulate... | The impact of obesity in cancer outcomes | Advanced nutrition strategies in GI and liver disease | Basic in clinical sports nutrition <i>Case & Test*</i> | | |
| 16:15 | | | | | | | | |
| 16:30 | | | | | | | | |
| 16:45 | | | | | | | | |
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| 18:00 | | Fresenius Kabi | | | | | | |
| 18:15 | | | | | | | | |
| 18:30 | | | | | | | | |
| 18:45 | | | | | | | | |
| 19:00 | | | | | | | | |
| 19:15 | | | | | | | | |

* Upon pre-registration only.

Main Programme Overview | Monday 15 September 2025

| | | | | | | | | |
|-----|----------|-------------|------------|------|----------|---------|-----------|----------|
| LLL | Live-LLL | Educational | Scientific | Main | Abstract | Special | Satellite | Workshop |
|-----|----------|-------------|------------|------|----------|---------|-----------|----------|

| | Congress Hall | Forum Hall | South Hall 3 | South Hall 2 | Panorama Hall | Chamber Hall | Room 3.4 | Room 3.3 |
|-------|--|--|--|---------------------------|--|------------------------------------|--------------------|--------------------|
| 08:00 | | | | | | | Meet the professor | Meet the professor |
| 08:15 | | | | | | | | |
| 08:30 | | | | | | | | |
| 08:45 | ESPEN fellowship research grants | Obesity in children: a growing problem | Orosensory food perception in health and disease | Obesity | Targeted nutrient interventions... | | | |
| 09:00 | | | | | | | | |
| 09:15 | | | | | | | | |
| 09:30 | | | | | | | | |
| 09:45 | | | | | | | | |
| 10:00 | Coffee break in the Exhibition Area, Level 2 | | | | | | | |
| 10:15 | | | | | | | | |
| 10:30 | Arvid Wretling lecture | | | | | | | |
| 10:45 | | | | | | | | |
| 11:00 | | | | | | | | |
| 11:15 | | | | | | | | |
| 11:30 | Nutritional Strategies in ICU | | | | | Obesity Case & Test* | | |
| 11:45 | | | | | | | | |
| 12:00 | | | | | | | | |
| 12:15 | Guided poster tours in the Exhibition Area, Level 2 | | | | | | | |
| 12:30 | | Meet the guidelines expert - ECPC | Poster session 3 in the Poster Area, Level 3 | | | | | |
| 12:45 | | | Lunch break on Levels 2 & 3 | | | | | |
| 13:00 | | | | | | Practical approaches to ONS use... | | |
| 13:15 | | | | | | | | |
| 13:30 | | | | | | | | |
| 13:45 | | | | | | | | |
| 14:00 | GLIM challenges and interactions with GLIS and SOGLI | Inflammation, from lab to bedside | Micro-nutrients in clinical nutrition | Nutritional controversies | Alternative nutrient sources in clinical nutrition | | | |
| 14:15 | | | | | | | | |
| 14:30 | | | | | | | | |
| 14:45 | | | | | | | | |
| 15:00 | | | | | | | | |
| 15:15 | | | | | | | | |
| 15:30 | Coffee break in the Exhibition Area, Level 2 | | | | | | | |
| 15:45 | | | | | | | | |
| 16:00 | | | | | | | | |
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| 19:00 | | | | | | | | |
| 19:15 | | | | | | | | |

* Upon pre-registration only.

Main Programme Overview | Tuesday 16 September 2025

| | | |
|--|--|--|
|  Educational |  Scientific |  Abstract |
|--|--|--|

| | Congress Hall | Forum Hall | South Hall 3 | South Hall 2 | Panorama Hall |
|-------|--|---|--|---|---|
| 08:00 | | | | | |
| 08:15 | | | | | |
| 08:30 | Hot topics session: Rethinking protein: New paradigms in requirements, quality, and clinical applications | Case discussion: Elderly patient with chronic kidney disease | Consequences of malnutrition in cancer | Polypharmacy and malnutrition in older people | Nutrition across populations and conditions: Innovative approaches and emerging evidence |
| 08:45 | | | | | |
| 09:00 | | | | | |
| 09:15 | | | | | |
| 09:30 | | | | | |
| 09:45 | | | | | |
| 10:00 | Coffee break <i>in the Exhibition Area, Level 2</i> | | | | |
| 10:15 | | | | | |
| 10:30 | New ESPEN guidelines | Hospital nutrition organization | Nutritional considerations in pediatrics | Perioperative nutrition | Advances in nutritional assessment |
| 10:45 | | | | | |
| 11:00 | | | | | |
| 11:15 | | | | | |
| 11:30 | | | | | |
| 11:45 | | | | | |
| 12:00 | | | | | |

Programme Day by Day | Saturday 13 September 2025

| | | | | |
|--|--|--|--|---|
|  Educational |  Scientific |  Main |  Abstract |  Satellite |
|--|--|--|--|---|

12:00 - 13:30

Satellite symposium - For detailed information, please view pages 33 - 34.

12:30 - 14:00

Poster Area, Level 3

Guided poster walk & poster session 1 - For detailed information, please view page 31.

14:00 - 15:30

Congress Hall

Ketones as nutritional substrates

Moderated by *Cristina Cuerda (ES)* and *Mireille Serlie (US)*

- 14:00 A role for ketones in critically ill? / [Jan Gunst](#) (BE)
- 14:30 Effect of ketones on energy expenditure / [Rodrigo Fernández-Verdejo](#) (CL)
- 15:00 Role of ketones in neurological disorders / [Hervé Quintard](#) (CH)

14:00 - 15:30

Forum Hall

Refeeding syndrome: When too little can be too much

Moderated by *Rosa Burgos (ES)* and *Pavel Kohout (CZ)*

- 14:00 Pathophysiology of refeeding syndrome / [Lubos Sobotka](#) (CZ)
- 14:30 Prevention and management of refeeding syndrome / [Zeno Stanga](#) (CH)
- 15:00 RS in special situations (ICU, community, children, mental disorders, CKD, bariatric surgery, GI diseases) / [Mouna Hanachi](#) (FR)

14:00 - 15:30

South Hall 3

Energy metabolism in ICU

Moderated by *Claudia Heidegger (CH)* and *Pierre Singer (IL)*

- 14:00 Mitochondrial dysfunction in skeletal muscle during critical illness / [Arthur van Zanten](#) (NL)
- 14:30 Exercise programs during ICU stay / [Rik Gosselink](#) (BE)
- 15:00 Implications for refeeding and rehabilitation / [Adela Krajcova](#) (CZ)

14:00 - 15:30

South Hall 2

Challenges with long-term home parenteral feeding

Moderated by *Petr Wohl (CZ)* and *Kathy Gura (US)*

- 14:00 Prevention and management of Intestinal failure-associated liver disease (IFALD) / [Loris Pironi](#) (IT)
- 14:30 Quality of life of HPN dependent patients and their families / [Palle Bekker Jeppesen](#) (DK)
- 15:00 Micronutrients status / [Mette Berger](#) (CH)

14:00 - 15:30

Panorama Hall

Nutritional status, body composition, and cancer outcomes: From assessment to intervention

Moderated by *Stephane Walrand (FR)* and *Petr Beneš (CZ)*

- 14:00 **O001** - Comparison of energy intake recommendations with total energy expenditure in colorectal cancer survivors / [Carla Prado](#) (CA)

- 14:10 **O002** - Incorporating immune-metabolic profile and body composition to predict survival in advanced NSCLC patients receiving immunotherapy / [Giulia Mentrasti](#) (IT)
- 14:20 **O003** - Analysis of microRNA profiles in subcutaneous vs. visceral adipose tissue and their association with total adiposity among gastrointestinal cancer patients / [Giovanni Imbimbo](#) (IT)
- 14:30 **O004** - Pre-treatment impact of body composition and muscle strength on survival in women with breast cancer / [Ludimila Cintra Vaz Ribeiro](#) (BR)
- 14:40 **O005** - The impact of early weight loss, systemic inflammation, and specialized nutritional supplements on prognosis in metastatic pancreatic cancer: Data from the PANTHEIA–SEOM study [Erika Paula Cerda](#) (ES)
- 14:50 **O006** - The impact of nutritional, sensory and culinary support on improving the food-related quality of life in cancer patients treated with chemotherapy / [Reisya Riantiningtyas](#) (FR)
- 15:00 **O007** - Comprehensive assessment of sarcopenia in patients with severe aortic stenosis undergoing transcatheter valve implantation / [Agnieszka Stapor](#) (PL)
- 15:10 **O008** - The role of muscle quality in predicting adverse outcomes in colorectal cancer patients undergoing elective surgery / [Fernanda Mucarzel Suarez-Arana](#) (ES)
- 15:20 **O009** - Is less nutrient better? Simple oral nutritional supplements enhance adherence and body weight preservation after gastric cancer surgery: a multicenter randomized controlled trial [Kohei Ueno](#) (JP)

15:30 - 16:00

Exhibition Area

Coffee break

16:00 - 17:30

Congress Hall

Nutrition and healthy ageing

Moderated by Nicolaas Deutz (US) and Kristina Norman (DE)

- 16:00 Preserving physical performance / [Peter Weijs](#) (NL)
- 16:30 Preventing immune system decline / [Philip Calder](#) (UK)
- 17:00 Optimal dietary patterns for healthy aging / [Mai-Lis Hellenius](#) (SE)

16:00 - 17:30

Forum Hall

Nutritional consequences of elimination diets in GI diseases: Adverse reactions to food

Moderated by Darija Vranesic Bender (HR) and Martina Kollerova (CZ)

- 16:00 Food intolerances and food allergies, differential diagnosis / [Johann Ockenga](#) (DE)
- 16:30 Gluten-related diseases / [Stéphane Schneider](#) (FR)
- 17:00 Dairy restriction diet / [Irena Karras](#) (HR)

16:00 - 17:30

South Hall 3

Nutritional interventions during prehabilitation for cancer surgery

Moderated by Mihailo Bezmarevic (RS) and Maria Isabel Correia (BR)

- 16:00 Novel insights into the physiology of prehabilitation / [Bethan Eileen Phillips](#) (UK)
- 16:30 Nutritional status and clinical responses to prehabilitation / [Gabriele Baldini](#) (IT)
- 17:00 Multimodal prehabilitation before lung resection surgery / [Ivan Cundrle](#) (CZ)

16:00 - 17:30

South Hall 2

Iron, the old new kid on the block*Moderated by Frantisek Novak (CZ) and Mette Berger (CH)*

- 16:00 Iron status in different clinical conditions / [Domenico Girelli](#) (IT)
- 16:30 Impact of treating iron deficiency on outcomes after a prolonged ICU stay / [Sigismond Lasocki](#) (FR)
- 17:00 Intravenous iron repletion in patients with heart failure / [John Cleland](#) (UK)

16:00 - 17:30

Panorama Hall

Nutrition and perioperative outcomes: From prehabilitation to recovery*Moderated by Mireille Serlie (US) and Lucas Wauters (BE)*

- 16:00 **O010** - Effect of weight loss on breast cancer-related lymphedema: Preliminary results of a randomized controlled trial / [Gabriel Oliveira](#) (ES)
- 16:10 **O011** - Oral DHA supplementation modulates plasma levels of resolvins D1 and D2 in newly diagnosed breast cancer patients / [Giovanni Imbimbo](#) (IT)
- 16:20 **O012** - Handgrip strength and albumin-globulin ratio predict survival in esophageal cancer: A multicenter cohort study / [Xiangting Dai](#) (CN)
- 16:30 **O013** - A comprehensive analysis of the association between scales of EORTC QLQ-C30 questionnaire and cachexia in patients with gastric cancer / [Xiangting Dai](#) (CN)
- 16:40 **O014** - High prevalence of myopenia and myosteatosis in patients with oesophagogastric cancer / [Yannick Deswysen](#) (BE)
- 16:50 **O015** - Impact of sarcopenia on functional and cognitive recovery in caucasian post-stroke patients following rehabilitation / [Alessandro Guerrini](#) (IT)
- 17:00 **O016** - Effects of preoperative beta-hydroxy-beta-methylbutyrate supplementation on preoperative nutritional and functional status during multimodal prehabilitation for patients undergoing neoadjuvant cancer therapy / [Camilla Fiorindi](#) (IT)
- 17:10 **O017** - Preoperative exclusive enteral nutrition reduces postoperative complications in adults with Crohn's disease undergoing elective surgery: A systematic review and meta-analysis / [Dóra Demeter](#) (HU)
- 17:20 **O018** - Optimization of ERAS compliance improves surgical inflammation and long-term survival in sarcopenia with colorectal cancer / [In Kyu Lee](#) (KR)

17:30 - 19:00

Congress Hall

Opening ceremony & MNI grant ceremony

- 17:40 Introduction
- 17:45 Welcome address from ESPEN Chairman / [Stanislaw Klek](#) (PL)
- 17:50 Panel with ESPEN Executives & Awards ceremony
- 18:10 MNI Grant Announcement / [Stanislaw Klek](#) (PL), [Cristina Cuerda](#) (ES) & [Martin Halbeis](#) (CH)
- 18:20 Welcome address from the Local Chair / [Pavel Tesinsky](#) (CZ)
- 18:25 Keynote Lecture Evolution / revolution in clinical nutrition / [Lubos Sobotka](#) (CZ)
- 18:45 Closing words / [Pavel Tesinsky](#) (CZ)

19:00 - 20:30

Exhibition Area

Welcome reception

Programme Day by Day | Sunday 14 September 2025

| | | | | | | | | |
|--|--|---|--|--|--|---|---|--|
|  LLL |  Live-LLL |  Educational |  Scientific |  Main |  Abstract |  Special |  Satellite |  Workshop |
|--|--|---|--|--|--|---|---|--|

07:30 - 08:15

Meeting Room 3.3

Breakfast meet the professor with *Miguel Leon-Sanz (ES)* to discuss:

New insights in metabolic syndrome

Upon pre-registration only.

07:30 - 08:15

Meeting Room 3.4

Breakfast meet the professor with *Claude Pichard (CH)* to discuss:

Energy requirements in non-critical patients - Lessons from indirect calorimetry

Upon pre-registration only.

08:00 - 10:00

Panorama Hall

Nutritional support in the older adults

Moderated by Marian de van der Schueren (NL)

- 08:00 Epidemiology, etiology and consequences of malnutrition in older adults / [Martine Sealy \(NL\)](#)
- 08:30 Nutritional screening, assessment and diagnosis. Nutritional needs and oral nutritional supplements
[Marian de van der Schueren \(NL\)](#)
- 09:00 Artificial nutrition – relevance and approach in geriatric care / [Rainer Wirth \(DE\)](#)
- 09:30 Age-related sarcopenia / [Jürgen Bauer \(DE\)](#)

08:00 - 12:00

Chamber Hall

Teach the training teachers in clinical nutrition - Upon pre-registration only.

Moderated by Alessandro Laviano (IT), Rémy Meier (CH), Regina Komsa (BG) and Kalliopi-Anna Poulia (GR)

- 08:00 Welcome address and introduction / [Alessandro Laviano \(IT\)](#)
- 08:15 LLL structure, credits, and diploma: A short tour of the LLL portal / [Regina Komsa \(BG\)](#)
- 08:45 Achievements of the LLL programme / [Rémy Meier \(CH\)](#)
- 09:30 TLLL-portal: A conceptual system to guide training in the LLL programme / [Regina Komsa \(BG\)](#)
- 10:00 Coffee Break
- 10:30 Logistics for planning an LLL live course and webinar / [Rémy Meier \(CH\)](#)
- 10:45 Steps to run an LLL webinar, SEB, tests, and reports / [Alessandro Laviano \(IT\)](#) and [Rémy Meier \(CH\)](#)
- 11:00 Individual assignment for LLL webinar participants: Practical work / All
- 11:45 Open discussion / [Alessandro Laviano \(IT\)](#)
- 12:00 Certification / All

08:30 - 10:00

Congress Hall

Not too early, not too much in ICU

Moderated by Kerstin Moecking (DE) and Michal Senkyrik (CZ)

- 08:30 Metabolic response to critical illness / [Arthur van Zanten \(NL\)](#)
- 09:00 Early enteral nutrition. How to predict enteral feeding intolerance / [Annika Reintam Blaser \(EE\)](#)
- 09:30 Supplemental PN in ICU / [Mette Berger \(CH\)](#)

08:30 - 10:00

Forum Hall

Liver disease: Does nutritional treatment improve the outcomes*Moderated by Jan Gojda (CZ) and Tim Vanuytsel (BE)*

08:30 Effect of nutrition on hepatic lipid metabolism / TBD

09:00 Dietary strategies for managing MASLD: Evidence, gaps and perspectives / [Mireille Serlie](#) (US)09:30 Nutrition intervention studies in liver cirrhosis-associated sarcopenia / [Nicolas Lanthier](#) (BE)

08:30 - 10:00

South Hall 3

Nutritional approaches to enhance exercise benefits*Moderated by Peter Weijs (NL) and Lubos Sobotka (CZ)*08:30 Mechanisms of the effect of nutrition on exercise performance / [Lex B. Verdijk](#) (NL)09:00 Counteracting the loss of fat free mass during weight loss / [Yves Boirie](#) (FR)09:30 Effects of a combined exercise and dietary intervention on clinical outcomes in patients with ovarian cancer / [Marlou-Floor Kenhuis](#) (NL)

08:30 - 10:00

South Hall 2

Evidence-based nutrition in critical illness*Moderated by Nicolaas Deutz (US) and Claudia Heidegger (CH)*08:30 **O019** - Energy expenditure during critical illness and recovery / [Agne Lozovskyte](#) (LT)08:40 **O020** - Dose-dependent effects of norepinephrine on enteral nutrition tolerance and clinical outcomes in septic shock / [Despoina Hatzilia](#) (GR)08:50 **O021** - Personalised nutrition delivery during glycaemic control in intensive care / [Marie Seret](#) (BE)09:00 **O022** - The effect of protein dose on muscle protein synthesis in critical illness
[Matthew Summers](#) (AU)09:10 **O023** - The efficacy of calorimetry-based nutritional support versus recommended dietary intake-based nutritional support in the successful weaning of post ICU chronically ventilated patients: A double-blind randomized controlled trial / [Pierre Singer](#) (IL)09:20 **O024** - Usefulness of a novel multi-frequency bioelectrical impedance analysis for assessing muscle volume for GLIM assessment in critically ill patients / [Tomoka Miyagi](#) (JP)09:30 **O025** - Common carotid artery blood flow as a novel early mortality indicator in ICU patients
[Tomonori Narita](#) (JP)09:40 **O026** - Predictors of energy expenditure in sepsis: Insights from a prospective ICU study
[Weronika Wasyluk](#) (PL)09:50 **O027** - Dysphagia in ICU survivors after prolonged mechanical ventilation: A prospective study
[Youn-Joong Jung](#) (KR)

10:00 - 10:30

Exhibition Area

Coffee break

10:30 - 11:15

Congress Hall

Sir David Cuthbertson lecture*Moderated by Stanislaw Klek (CZ) and Cristina Cuerda (ES)*10:30 Energy metabolism: beyond calories, feeding the mitochondria / [Eric Fontaine](#) (FR)

10:30 - 12:30

South Hall 3

Nutritional support in the older adults - Case discussion and test - Upon pre-registration only.

11:15 - 12:00

Congress Hall

ESPEN best abstracts & travel awards*Moderated by Mireille Serlie (US) and Frantisek Novak (CZ)*11:15 **O028** - Effect of viscous fibres on oro-caecal transit time and colonic fermentation of inulin assessed by MRI and breath test / [Alaa Alhasani](#) (UK)11:24 **O029** - Chronic intestinal pseudo-obstruction: The impact of genetic and histological analyses on improving patient diagnosis, prognosis, and treatment strategies / [Minh-Chau Ta](#) (FR)11:33 **O030** - Prevalence of nutrition-related risk factors and outcomes in hospitalized patients: NutritionDay 2006-2023 / [Michael Hiesmayr](#) (AT)11:42 **O031** - Weight-loss success through a structured program is predictable by the gut microbiome and serum metabolome: A step towards precision nutrition / [Benjamin Seethaler](#) (DE)11:51 **O032** - Muscle mass isn't enough: Obesity and metabolic disease weakens the mass-strength relationship / [Carla Prado](#) (CA)

12:00 - 14:00

Exhibition & Poster Areas

Lunch break, guided poster tours & poster session 2 - For detailed information, please view page 31.

12:30 - 13:30

South Hall 3

Meet the guidelines experts (SCI): Clinical nutrition in the intensive care unit12:30 Guidelines summary / [Michael Hiesmayr](#) (AT) and [Annika Reintam Blaser](#) (EE)13:00 Q&A / [Michael Hiesmayr](#) (AT) and [Annika Reintam Blaser](#) (EE)

12:30 - 13:30

Satellite symposia - For detailed information, please view pages 33 - 34.

13:00 - 14:00

Chamber Hall

Workshop: Practical approaches to ONS use in clinical nutrition*Moderated by Burcu Kelleci (TR)*Table 1: Clinical use & prescription of ONS / [Cafer Balci](#) (TR) and [Stavroula Chaloulakou](#) (GR)Table 2: Sensory testing & patient acceptability / [Stavroula Chaloulakou](#) (GR), [Burcu Kelleci](#) (TR), [Rana Elçin Sezer](#) (TR) and [Kerstin Möcking](#) (DE)Table 3: Multidisciplinary follow-up & patient counseling / [Burcu Kelleci](#) (TR), [Rana Elçin Sezer](#) (TR), [Kerstin Möcking](#) (DE) and [Cafer Balci](#) (TR)

13:30 - 15:30

Panorama Hall

Basic in clinical sports nutrition*Moderated by Nada Rotovnik Kozjek (SI)*

- 13:30 Physical activity, muscle mass and clinical nutrition / [Nada Rotovnik Kozjek](#) (SI)
 14:00 Energy, carbohydrate and fat / [Ana Karin Kozjek](#) (SI)
 14:30 Protein and aminoacids / [Luc van Loon](#) (NL)
 15:00 Sports foods and sports supplements / [Ronald Maughan](#) (UK)

13:45 - 15:30

South Hall 2

Consensus conference - ESPEN guideline on ethical aspects of medical nutrition therapy*Moderated by Arved Weimann (DE)*Speaker: [Diana Cardenas](#) (FR)

14:00 - 15:30

Congress Hall

Feeding the gut to modulate bowel disease*Moderated by Lucas Wauters (BE) and Matthias Pirlich (DE)*

- 14:00 Mechanisms of beneficial dietary fibre effects in IBS and IBD / [Kevin Whelan](#) (NL)
 14:30 Targeting intestinal permeability with nutrition / [Cristian Delbo](#) (IT)
 15:00 Nutritional strategies to reduce the burden of IBS / [Sanna Nybacka](#) (SE)

14:00 - 15:30

Forum Hall

Update in artificial nutrition components*Moderated by Burcu Kelleci (TR) and Lubos Sobotka (CZ)*

- 14:00 Proteins in artificial nutrition / [Philipp Schuetz](#) (CH)
 14:30 Lipids in artificial nutrition / [Philip Calder](#) (UK)
 15:00 Micronutrients: The case of vitamin D / [Jyrki Virtanen](#) (FI)

14:00 - 15:30

South Hall 3

Early career session: Next generation nutrition science*Moderated by Mireille Serlie (US) and Pamela Funk Debleds (FR)*

- 14:00 **O033** - Long-term impact of a mediterranean diet on BRCA-related cancer risk / [Andreina Oliverio](#) (IT)
 14:10 **O034** - Comparison of the inflammatory biomarkers IL-6, TNF-A, and CRP to predict the effect of nutritional therapy on mortality in medical patients at risk of malnutrition a secondary analysis of the randomized clinical trial effort / [Carla Wunderle](#) (CH)
 14:20 **O035** - Maternal intakes of fish and fish omega-3 during pregnancy reduce the risk of offspring inflammatory bowel disease / [Gabriela Ciobotaru](#) (DK)
 14:30 **O036** - Organic food consumption and diet quality in pregnancy are not associated with pediatric inflammatory bowel disease in offspring / [Olivia Mariella Anneberg](#) (DK)
 14:40 **O037** - Association between maximal handgrip strength and force-time curve indicators with functional status in a multicentre cross-sectional sample of heart failure outpatients from the Nutric project / [Micaela Cunha Rodrigues](#) (PT)
 14:50 **O038** - Indirect calorimetry during CVVHDF: Feasible and more accurate than predictive equations [Weronika Wasyluk](#) (PL)

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|--|---|
| 15:00 | O039 - Ghrelin's role in regulating food intake among inpatients at nutritional risk: A secondary analysis of the randomized clinical trial effort / Valerie Haller (CH) |
| 15:10 | O040 - Early life determinants of body composition in healthy term-born children at age 5 years Anna le Clercq (NL) |
| 15:30 - 16:00 Exhibition Area | |
| Coffee break | |
| 16:00 - 17:30 Congress Hall | |
| Time-restricted eating in management of disease <i>Moderated by Yves Boirie (FR) and Jamila Krizova (CZ)</i> | |
| 16:00 | Effects of time-restricted eating on energy metabolism / James Betts (UK) |
| 16:30 | Effect of time-restricted eating on cognition, memory and mental health / Giuseppe Grosso (IT) |
| 17:00 | Intermittent feeding and chrononutrition in the ICU / Arthur van Zanten (NL) |
| 16:00 - 17:30 Forum Hall | |
| Case discussion: Abdominal catastrophe (pelvic exenteration) <i>Moderated by Simon Lal (UK)</i> | |
| Speaker: Mihailo Bezmarevic (RS) | |
| Panellists: Kristine Farrer (UK), Oivind Irtun (NO), Annika Reintam Blaser (EE), Simon Gabe (UK), Mette Holst (DK) | |
| 16:00 - 17:30 South Hall 3 | |
| Beyond calories: Nutritional strategies to modulate metabolism and physiology <i>Moderated by Zdenek Zadak (CZ) and Jan Gojda (CZ)</i> | |
| 16:00 | Nutrition, metabolic flexibility and immunity: What about macronutrient composition and timing? Maarten Soeters (NL) |
| 16:30 | Immune and metabolic modulation of gut-derived tryptophan metabolites / Elena Rampanelli (NL) |
| 16:00 - 17:30 South Hall 2 | |
| The impact of obesity in cancer outcomes <i>Moderated by Stepan Tucek (CZ) and Michela Zanetti (IT)</i> | |
| 16:00 | Obesity as a risk factor for cancer and cancer recurrence. Pathophysiology and epidemiology Giuseppe Aprile (IT) |
| 16:30 | Impact of sarcopenic obesity in surgical and chemotherapy outcomes in obese patients Rocco Barazzoni (IT) |
| 17:00 | Strategies to preserve muscle mass while treating obesity in oncology patients / Carla Prado (CA) |
| 16:00 - 17:30 Panorama Hall | |
| Advanced nutrition strategies in gastrointestinal and liver disease <i>Moderated by Frantisek Novak (CZ) and Kristina Norman (DE)</i> | |
| 16:00 | O041 - Personalized nutrition and gut microbiome modulation to support cancer treatment: Insights from colorectal cancer patients / Carmina Mariana Stroia (RO) |
| 16:10 | O042 - Role of fibres gelation in mediating gas production during colonic fermentation of inulin: A 24-hour, randomised, placebo-controlled trial / Alaa Alhasani (UK) |

- 16:20 **O043** - APOB-48 shows potential as a biomarker to evaluate treatment response with apraglutide in short bowel syndrome, intestinal failure and colon-in-continuity / [Astrid Verbiest](#) (BE)
- 16:30 **O044** - Efficacy of a dairy free diet (DFD) in adult patients with eosinophilic esophagitis: A real life prospective multicenter study / [Federica Mascaretti](#) (IT)
- 16:40 **O045** - Branched chain amino acids improve muscle mass and function compared to whey protein in liver cirrhosis: A randomized controlled trial / [Jaya Benjamin](#) (IN)
- 16:50 **O046** - A novel long-acting GLP-2 analog FT1 attenuates chemotherapy-induced diarrhea via mucosal restoration: Preclinical evidence from rodent models / [Kai Fan](#) (CN)
- 17:00 **O047** - Apixaban pharmacokinetics in short bowel syndrome, pilot study / [Karolína Hronová](#) (CZ)
- 17:10 **O048** - Comparative analysis of basal metabolic rate measurement methods in patients with intestinal failure on home parenteral nutrition / [Mia Majerr](#) (SI)
- 17:20 **O049** - Simplified placement of percutaneous endoscopic gastrostomy with jejunal extension (PEG-J) using ultra-thin endoscopes through a mature gastrostomy tract: A single center experience
[Nachum Emil Eliezer Lourie](#) (IL)

16:00 - 18:00

Chamber Hall

Basic in clinical sports nutrition - Case discussion and test - Upon pre-registration only.

18:00 - 19:30

Satellite symposium - For detailed information, please view pages 33 - 34.

Programme Day by Day | Monday 15 September 2025

| | | | | | | | | |
|--|--|---|--|--|--|---|---|--|
|  LLL |  Live-LLL |  Educational |  Scientific |  Main |  Abstract |  Special |  Satellite |  Workshop |
|--|--|---|--|--|--|---|---|--|

07:30 - 08:15

Meeting Room 3.3

Breakfast meet the professor with *Andre van Gossum (BE)* to discuss:

Home parenteral nutrition in oncology

Upon pre-registration only.

07:30 - 08:15

Meeting Room 3.4

Breakfast meet the professor with *Olle Ljungqvist (SE)* to discuss:

Clinical nutrition in ERAS: Key to optimal surgical recovery

Upon pre-registration only.

08:00 - 10:00

South Hall 2

Obesity

Moderated by Rocco Barazzoni (IT)

08:00 Why obesity is a disease - pathogenesis and diagnosis / [Maria Ballesteros-Pomar \(ES\)](#)

08:30 Obesity complications - metabolic syndrome and systemic impact / [Cristina Cuerda \(ES\)](#)

09:00 Obesity treatment - lifestyle, medications and surgery / [Stephan Bischoff \(DE\)](#)

09:30 Nutritional derangements and deficiencies in obesity - Malnutrition, sarcopenic obesity and therapeutic implications / [Rocco Barazzoni \(IT\)](#)

08:30 - 10:00

Congress Hall

ESPEN research fellowship grants

Moderated by Mireille Serlie (US) and Nicolaas Deutz (US)

08:30 Effect of aerobic or resistance exercise, or both, on ciliary neurotrophic factor plasma levels and skeletal muscle signaling in dieting frail older adults with obesity: A randomized control trial [Georgia Colleluori \(IT\)](#)

08:48 Can home-based 'exercise snacks' ameliorate the early effects of step reduction on dietary protein utilization and glycemic control in older adults? / [Nathan Hodson \(UK\)](#)

09:06 Anabolic skeletal muscle response to resistance exercise and oral protein load in intensive care unit survivors and healthy volunteers: a prospective two-cohort study / [Arabella Fischer \(AT\)](#)

09:24 Tumor tissues display substantially different protein synthesis rates when compared to corresponding healthy tissues / [Andrew Holwerda \(NL\)](#)

09:42 Is correction of malnutrition sufficient to improve low physical function before elective colorectal cancer surgery? A randomized controlled trial of nutrition versus nutrition and exercise prehabilitation / [Chelsia Gillia \(CA\)](#)

08:30 - 10:00

Forum Hall

Obesity in children: A growing problem

Moderated by Frank Jochum (DE) and Peter Szitanyi (CZ)

08:30 Epidemiology, ethiology and epigenetics / [Grigoris Risvas \(GR\)](#)

09:00 Assessment of obesity in children - consequences / [Irena Aldhoon-Hainerova \(US\)](#)

09:30 Multimodal management of obesity in children / [Jana Malikova \(CZ\)](#)

08:30 - 10:00

South Hall 3

Orosensory food perception in health and disease*Moderated by Ronan Thibault (FR) and Marielle Engelen (US)*

- 08:30 Effect of taste on food intake / [Monica Mars](#) (NL)
 09:00 Taste perception and oral microbiota composition / [Camilla Cattaneo](#) (IT)
 09:30 Taste and smell perception in patients with cancer: true barriers for nutritional interventions?
[Agnes Giboreau](#) (FR)

08:30 - 10:00

Panorama Hall

Targeted nutrient interventions: Mechanisms and clinical applications*Moderated by Emanuele Cereda (IT) and Pavel Tesinsky (CZ)*

- 08:30 **O050** - Nutritional intervention strategies in reducing inflammation and improving cardiovascular risk markers in chronic kidney disease patients / [Alanoud Ali Alfehaidi](#) (QA)
 08:40 **O051** - A lycopene-enriched functional tomato sauce (osteocol) reduces liver fat content in adults with steatotic liver disease / [Yvelise Ferro](#) (IT)
 08:50 **O052** - Increase in specialized pro-resolving mediators with transition to fish-oil-fortified enteral formula / [Manpreet Singh Mundi](#) (US)
 09:00 **O053** - The effect of intermittent fasting diet vs low-calorie diet on lipid profile and liver function in patients with metabolic-associated fatty liver disease: A randomized controlled trial
[Hossein Imani](#) (IR)
 09:10 **O054** - The impact of exogenous ketones on post-exertional recovery: A systematic review and meta-analysis / [Sarah Marie Bomans](#) (BE)
 09:20 **O055** - Effects of vitamin D supplementation on myofibrillar protein synthesis rates in rested and exercised muscle in adults: A randomised, double-blind, placebo-controlled trial
[Raquel Revuelta Iniesta](#) (UK)
 09:30 **O056** - Effect of sodium butyrate supplementation on the expression of PGC-1A, PPAR-A, and UCP1 genes in obese patients: Insights into clinical nutrition and metabolism / [Parichehr Amiri](#) (IR)
 09:40 **O057** - Three-month effects of 2'-fucosyllactose on lipid profile in children with type 1 diabetes: preliminary results of a randomized controlled trial / [Ipek Cicekli](#) (TR)
 09:50 **O058** - The effect of omega-3 supplementation in adult cystic fibrosis patients receiving and not receiving modulator therapy / [Meryem Itek Altunay](#) (TR)

10:00 - 10:30

Exhibition Area

Coffee break

10:30 - 11:15

Congress Hall

Arvid Wretling lecture*Moderated by Mireille Serlie (US) and Stéphane Schneider (FR)*

- 10:30 Evolving concepts on human body composition evaluation / [Steven Heymsfield](#) (US)

10:30 - 12:30

Chamber Hall

Obesity - Case discussion and test - Upon pre-registration only.

11:15 - 12:15

Congress Hall

Nutritional strategies in ICU

Moderated by Arthur van Zanten (NL) and Lee-Anne Chapple (AU)

11:15 GI dysfunction and clinical outcomes / [Annika Reintam Blaser](#) (EE)

11:35 Effect of high versus standard protein provision on functional recovery in people with critical illness (PRECISE trial) / [Marcel van de Poll](#) (NL)

11:55 Impact of withholding early parenteral nutrition / [Jan Gunst](#) (BE)

12:00 - 14:00

Exhibition & Poster Areas

Lunch break, guided poster tours & poster session 3 - *For detailed information, please view page 31.*

12:30 - 13:30

Forum Hall

Meet the guidelines experts (ECPC): IBD guideline

12:30 Guidelines summary / [Stephan Bischoff](#) (DE) and [Darija Vranesic Bender](#) (HR)

13:00 Q&A / [Stephan Bischoff](#) (DE) and [Darija Vranesic Bender](#) (HR)

13:00 - 17:00

Meeting Room 3.3

Final examination for the ESPEN european diploma in clinical nutrition & metabolism

Upon pre-registration only.

13:00 - 14:00

Chamber Hall

Workshop: Practical approaches to ONS use in clinical nutrition

Moderated by Burcu Kelleci (TR)

Table 1: Clinical use & prescription of ONS / [Cafer Balci](#) (TR) and [Stavroula Chaloulakou](#) (GR)

Table 2: Sensory testing & patient sceptability / [Stavroula Chaloulakou](#) (GR), [Burcu Kelleci](#) (TR), [Rana Elçin Sezer](#) (TR) and [Kerstin Möcking](#) (DE)

Table 3: Multidisciplinary follow-up & patient counseling / [Burcu Kelleci](#) (TR), [Rana Elçin Sezer](#) (TR), [Kerstin Möcking](#) (DE) and [Cafer Balci](#) (TR)

13:30 - 15:30

South Hall 3

Micronutrients in clinical nutrition

Moderated by Mette Berger (CH)

13:30 Trace elements / [Mette Berger](#) (CH)

14:00 Vitamins / [Karin Amrein](#) (SE)

14:30 Micronutrients in chronic diseases / [Mette Berger](#) (CH)

15:00 Micronutrients in acute diseases and critical care / [Michael Hiesmayr](#) (AT)

14:00 - 15:30

Congress Hall

GLIM challenges and interactions with GLIS and SOGLI*Moderated by Isabel Correia (DE) and Veeradej Pisprasert (TH)*

- 14:00 The GLIM 5-year update and the future challenges / [Tommy Cederholm](#) (SE)
- 14:15 The Global Leadership Initiative on Sarcopenia (GLIS): Where are we and how does GLIS interact with GLIM and SOGLI? / [Alfono Cruz-Jentof](#) (ES)
- 14:30 Recommendations for risk of malnutrition screening within the GLIM procedure
[Harriet Jager-Wittenaar](#) (NL)
- 14:45 Do obesity and sarcopenia impose double risks for diabetes and cardiovascular disease?
[Lorenzo Donini](#) (IT)
- 15:00 Muscle mass in obesity – a new challenge in the era of GLP-1 agonists / [Rocco Barazzoni](#) (IT)

14:00 - 15:30

Forum Hall

Inflammation, from lab to the bedside*Moderated by Rosa Burgos (ES) and Helena Lahoda Brodska (CZ)*

- 14:00 Assessment of inflammation / [Maria Ballesteros-Pomar](#) (ES)
- 14:30 The role of diet in inflammation prevention / [Stephan Bischoff](#) (DE)
- 15:00 When inflammation is behind refractory/failure of nutritional support / [Frantisek Novak](#) (CZ)

14:00 - 15:30

South Hall 2

Nutritional controversies*Moderated by Mireille Serlie (US) and Nicolaas Deutz (US)*

- 14:00 High protein diets in older adults with chronic kidney disease / [Alice Sabatino](#) (SE)
- 14:30 Debate (Pro): Relevance of muscle mass loss during weight loss / [Steven Heymsfield](#) (US)
- 15:00 Debate (Con): Relevance of muscle mass loss during weight loss / [Caterina Conte](#) (IT)

14:00 - 15:30

Panorama Hall

Alternative nutrient sources in clinical nutrition*Moderated by Stephane Walrand (FR) and Francisca Joly (FR)*

- 14:00 Insects as source of dietary protein / [Luc van Loon](#) (NL)
- 14:30 Role of dietary fibres in health and disease / [Nathalie Delzenne](#) (BE)
- 15:00 Effects of plant-based PUFA on the immune system / [Philip Calder](#) (UK)

15:30 - 16:00

Exhibition Area

Coffee break

16:00 - 17:30

Satellite symposium - For detailed information, please view pages 33 - 34.

16:00 - 18:00

Chamber Hall

Micronutrients in clinical nutrition - Case discussion and test - Upon pre-registration only.

17:30 - 19:00

Panorama Hall

ESPEN General Assembly - For ESPEN members only.

Programme Day by Day | Tuesday 16 September 2025

 Educational

 Scientific

 Abstract

08:30 - 10:00

Congress Hall

Hot topics session: Rethinking protein: New paradigms in requirements, quality, and clinical applications

Moderated by Emanuele Cereda (IT) and Matthias Pirlich (DE)

08:30 A new concept to establish protein requirements / [Nicolaas Deutz](#) (US)

08:55 The effect of augmented administration of enteral protein to critically ill adults on clinical outcomes:

A cluster randomised, cross-sectional, double cross-over, clinical trial / [Lee-Anne Chapple](#) (AU)

09:20 Is there an upper limit for protein intake? [Peter Weijls](#) (NL)

09:45 **O059** - The protein intake level to maximize whole-body protein synthesis rates is substantially higher than the current recommended daily allowance for healthy adult males? [Glenn A van Lieshout](#) (NL)

08:30 - 10:00

Forum Hall

Case discussion: Elderly patient with chronic kidney disease

Moderated by Burcu Kelleci (TR)

Speaker: [Almudena Pérez](#) (ES)

Panellists: [Alice Sabatino](#) (SE), [Giorgina Barbara Piccoli](#) (FR), [Martine Sealy](#) (NL), [Salih Kutay Demirkan](#) (TR), [Roman Safranek](#) (CZ)

08:30 - 10:00

South Hall 3

Consequences of malnutrition in cancer

Moderated by Michael Chourdakis (GR) and Marco Cintoni (IT)

08:30 Unravelling the metabolic signature of cancer cachexia / [Fabio Penna](#) (IT)

09:00 Determinants of anabolic resistance during cancer treatment / [Marielle Engelen](#) (US)

09:30 Nutritional status and clinical outcomes in hospitalized patients with cancer (NutritionDay)
[Diana Cardenas](#) (FR)

08:30 - 10:00

South Hall 2

Polypharmacy and malnutrition in older people

Moderated by Michaela Zanetti (IT) and Pavel Tesinsky (CZ)

08:30 Polypharmacy and malnutrition / [Dorothee Volkert](#) (DE)

09:00 Medications associated with malnutrition / [Tommy Cederholm](#) (SE)

09:30 Role of deprescribing in improvement of nutritional status / [Nicola Veronese](#) (IT)

08:30 - 10:00

Panorama Hall

Nutrition across populations and conditions: Innovative approaches and emerging evidence

Moderated by Dileep Lobo (US) and Cristian Cobilinschi (RO)

08:30 **O060** - Short daily hemodialysis facilitates the preservation of muscle mass in patients undergoing chronic hemodialysis / [Belen Vizcaino](#) (ES)

08:40 **O061** - Improved colonic permeability with the novel, long-acting GLP-2 analog apraglutide in short bowel syndrome with chronic intestinal failure / [Astrid Verbiest](#) (BE)

08:50 **O062** - App-based nutritional prehabilitation in patients with cirrhosis awaiting liver transplantation: Preliminary findings from the OPAL study / [Christofer Cruz](#) (CA)

- 09:00 **O063** - Do intermittent fasting and high-intensity interval training offer added benefits to the mediterranean diet in metabolic syndrome? / [Leonie Burgard](#) (DE)
- 09:10 **O064** - Circadian eating with regulated carbohydrate intake: A somatotype-specific strategy to reduce inflammaging and slow biological aging in obese adults / [Tomas Soukup](#) (CZ)
- 09:20 **O065** - The effect of oral motor interventions on feeding and swallowing in premature infants [Hakan Parlak](#) (TR)
- 09:30 **O066** - Infancy growth trajectories by family dietary pattern: A nationwide longitudinal study [Kerem Avital](#) (IL)
- 09:40 **O067** - Long-term impact of exclusive enteral nutrition on growth and development in pediatric Crohn's disease patients / [Lekha Sreedharan](#) (IN)
- 09:50 **O068** - Weight gain is a gain in lean body mass after introduction of the CFTR modulators in cystic fibrosis patients / [Arnaud De Luca](#) (FR)

10:00 - 10:30

Exhibition Area

Coffee break

10:30 - 12:00

South Hall 2

New ESPEN guidelines*Moderated by Arved Weimann (DE) and Stephan Bischoff (DE)*

- 10:30 ESPEN position paper: Quality-of-care standards in adult type 3 intestinal failure caused by benign disease / [Simon Lal](#) (UK)
- 11:00 ESPEN practical and partially revised guideline: Clinical nutrition in the intensive care unit / [Pierre Singer](#) (IL)
- 11:30 ESPEN guideline on clinical nutrition in surgery - Update 2025 / [Arved Weimann](#) (DE)

10:30 - 12:00

Forum Hall

Hospital nutrition organization*Moderated by Kerstin Moecking (DE) and Frantisek Novak (CZ)*

- 10:30 Standard and therapeutic diets / [Ronan Thibault](#) (FR)
- 11:00 Nutrition care process in hospital / [Pavel Tesinsky](#) (CZ)
- 11:30 Hospital food waste / [Kalliopi-Anna Poulia](#) (GR)

10:30 - 12:00

South Hall 3

Nutritional considerations in pediatrics*Moderated by Filip Fencel (CZ) and Jessie Hulst (CA)*

- 10:30 Elimination diets for pediatric eosinophilic esophagitis / [Lorenzo Norsa](#) (IT)
- 11:00 Effects of maternal diet on metabolic and bone health in the offspring / [Kathy Gura](#) (US)
- 11:30 Childhood obesity treatment: individual or multi-setting approach? / [Ajay Jain](#) (US)

Perioperative nutrition*Moderated by Cora Jonkers Schuitema (NL) and Mihailo Bezmarević (RS)*10:30 New insights in perioperative nutritional care / [Olle Ljungqvist](#) (SE)11:00 Perioperative supplemental artificial nutrition in patients with pancreatic cancer / [Luca Gianotti](#) (IT)11:30 Perioperative nutritional status: insights from NutritionDay / [Marta Sandini](#) (IT)**Advances in nutritional assessment***Moderated by Maria Ballesteros-Pomar (ES) and Pavel Kohout (CZ)*10:30 **O069** - Relation between resting energy expenditure and nitrogen losses during ICU stay, an observational prospective study - REENLICU study / [Florian Pernollet](#) (FR)10:40 **O070** - Impact on ICU patients of new enteral nutrition formula designed to maintain autophagy that is low in carbohydrates and leucine and high in lipids / [Shuhei Maruyama](#) (JP)10:50 **O071** - The use of different muscle mass indices in different body phenotypes for the diagnosis of sarcopenia and their relationship with frailty / [Deniz Seyithanoglu](#) (TR)11:00 **O072** - Chewing strength as a marker of sarcopenia and malnutrition in older adults
[Federica Tambaro](#) (IT)11:10 **O073** - New cutoff points and adjustment factors for arm circumference as a muscle mass marker
[Jarson P. Costa-Pereira](#) (BR)11:20 **O074** - Autism nutritional assessment (ANA) / [Kamila Castro](#) (BR)11:30 **O075** - Development and validation of a malnutrition assessment tool for hospitalized pregnant women: Implications for maternal-fetal health / [Lieu Thi Thu Nguyen](#) (VN)11:40 **O076** - Usefulness of bioelectrical impedance analysis (BIA) in the nutritional assessment of patients with heart failure / [Maria García Olivares](#) (ES)11:50 **O077** - Making every CT count: Assessing whether contrast phases change the picture of 3D muscle and fat analysis / [Mia Solholt Godthaab Brath](#) (DK)

Poster Walks | Saturday 13 September 2025

12:30 - 14:00

Poster Area, Level 3

Poster Walk I: Liver and gastrointestinal tract, critical care, micronutrients and hormones | PW01 - PW07

Moderated by Mireille Serlie (US) and Nicolaas Deutz (US)

Poster Walk II: Cancer, obesity and the metabolic syndrome | PW08 - PW14

Moderated by Frantisek Novak (CZ) and Emanuele Cereda (IT)

Poster Walk III: Nutritional assessment techniques, pediatrics | PW15 - PW21

Moderated by Michela Zanetti (IT)

Poster Walk IV: Geriatrics, other chronic diseases | PW22 - PW28

Moderated by Harriet Jager-Wittenaar (NL) and Mireille van Stijn (NL)

Poster Tours | Sunday 14 September 2025

12:30 - 14:00

Poster Tours Area, Level 2

Poster Tour I - Cancer, kidney disease, pulmonary and heart disease | PT01 - PT06

Moderated by Lucas Wauters (BE) and Emanuele Cereda (IT)

Poster Tour II - Critical Care & liver and gastrointestinal disease | PT07 - PT12

Moderated by Loris Pironi (IT) and Marco Cintoni (IT)

Poster Tour III - Geriatrics | PT13 - PT18

Moderated by Stéphane Walrand (FR) and Burcu Kelleci (TR)

Poster Tour IV - Neurological disease, macro and micronutrients and hormones | PT19 - PT24

Moderated by Kristina Norman (DE) and Pavel Kohout (CZ)

Poster Tour V - Nutritional assessment 1 | PT25 - PT30

Moderated by Natascha Van Rijssen (NL) and Jan Gojda (CZ)

Poster Tours | Sunday 14 September 2025

12:30 - 14:00

Poster Tours Area, Level 2

Poster Tour VI - Obesity and metabolic syndrome | PT31 - PT36

Moderated by Eelkje Limonard (NL) and Vladimir Teplan (CZ)

Poster Tour VII - Miscellaneous chronic diseases | PT37 - PT42

Moderated by Airin Simon (NL) and Petr Wohl (CZ)

Poster Tour VIII - Pediatrics | PT43 - PT48

Moderated by Petr Sztitanyi (CZ) and Claudia Heidegger (CH)

Poster Tour IX - Perioperative care and surgery | PT49 - PT54

Moderated by Cora Jonkers Schuitema (NL) and Mette Berger (CH)

Poster Tour X - Nutritional assessment 2 | PT55 - PT60

Moderated by Matthias Pirlich (DE) and Elisabet Rothenburg (SE)

For detailed information on the presented posters and abstracts, please view the online programme.

Special Interest Groups | Saturday 13 September 2025

| | |
|--|------------------|
| 08:00 - 09:30 | Meeting Room 3.3 |
| SIG: Geriatrics | |
| 11:00 - 13:00 | Meeting Room 3.2 |
| SIG: Obesity | |
| 13:00 - 14:00 | Meeting Room 3.2 |
| ESPEN WG: NEMS/NEPS | |
| 14:00 - 15:00 | Meeting Room 3.2 |
| SIG: Cachexia-anorexia in chronic diseases | |
| 16:00 - 17:30 | Meeting Room 3.3 |
| ESPEN WG: Nutrition and diabetes | |

Special Interest Groups | Sunday 14 September 2025

| | |
|---|------------------|
| 12:00 - 13:30 | Meeting Room 3.3 |
| SIG: Pediatrics | |
| 13:00 - 14:00 | Meeting Room 3.2 |
| SIG: Micronutrients | |
| 14:00 - 15:30 | Meeting Room 3.2 |
| SIG: nutritionDay national coordinators meeting | |

Special Interest Groups | Monday 15 September 2025

| | |
|---|------------------|
| 08:00 - 09:30 | Meeting Room 3.2 |
| SIG: Home parenteral nutrition & chronic intestinal failure | |
| 08:00 - 10:00 | Chamber Hall |
| SIG: Acute intestinal failure | |
| 12:00 - 13:00 | Meeting Room 3.2 |
| SIG: NUTICU | |
| 13:00 - 14:00 | Meeting Room 3.2 |
| SIG: Nutrition in surgery | |
| 16:00 - 18:00 | Meeting Room 3.2 |
| International Working Group on nutrition as a human right | |

Satellite Symposium | Saturday 13 September 2025

12:00 - 13:30

Forum Hall

Abbott Nutrition Health Institute (ANHI):

Advancing muscle health: Nutritional strategies for chronic diseases

Moderated by Alfonso Cruz-Jentoft (ES)



- 12:00 Opening: Sarcopenia and disease-related malnutrition: Pioneering global solutions
[Alfonso Cruz-Jentoft](#) (ES)
- 12:05 Integrating nutrition into oncology: A crucial step for better patient outcomes / [Barry Laird](#) (UK)
- 12:25 Sarcopenia and diabetes: Tailored nutritional approaches for muscle health / [Francesco Giorgino](#) (IT)
- 12:45 Nutritional solutions across chronic conditions: The role of HMB in muscle health /
[Maria Ballesteros-Pomar](#) (ES)
- 13:05 Q&A and Closing / All

Satellite Symposia | Sunday 14 September 2025

12:30 - 13:30

Forum Hall

Nutricia:

Advancing cancer care together: Nutritional pathways for better patient outcomes

Moderated by Carla Prado (CA)



- 12:30 Welcome & introduction / [Carla Prado](#) (CA)
- 12:40 Medical nutrition in oncology: A case for change to address unmet needs / [Riccardo Caccialanza](#) (IT)
- 13:00 Nutritional care as a patient right: Improving treatment outcomes through data-driven strategies
[Diana Cardenas](#) (FR)
- 13:20 Q&A / All

12:30 - 13:30

South Hall 2

Cardinal Health:

The use of blended diets with enteral feeding tubes

Moderated by Sarah Durnan (UK)



- 12:30 The use of blended diets with enteral feeding tubes / [Sarah Durnan](#) (UK)
- 12:55 Q&A / [Sarah Durnan](#) (UK)
- 13:00 Challenges in enteral/parenteral nutrition, the perspective of a parent / [Gareth Birkett](#) (UK)
- 13:25 Q&A / [Gareth Birkett](#) (UK)

18:00 - 19:30

Forum Hall

Fresenius Kabi:

Fit for therapy: Transforming oncology care with medical nutrition

Moderated by Maria Isabel Correia (BR)



- 18:00 Introduction / [Maria Isabel Correia](#) (BR)
- 18:03 State of the art for nutrition in oncology / [Stanislaw Klek](#) (PL)
- 18:13 Can nutrition influence tolerance to anti-cancer therapy? / [Diana Cardenas](#) (FR)
- 18:28 How to integrate patient-centric nutrition pathways in an oncology setting / [Aleksandra Kapala](#) (PL)
- 18:43 Best practice sharing: Guideline driven nutrition management in GI cancer surgery
[Maria Isabel Correia](#) (BR)
- 18:58 Panel discussion and Q&A / All
- 19:10 JUMPstart research award / [Maria Isabel Correia](#) (BR) & [Mette Berger](#) (CH)

Satellite Symposium | Monday 15 September 2025

16:00 - 17:30

South Hall 3

Nestlé Health Science:

Optimizing nutritional care across the continuum from ICU to recovery

Moderated by Pavel Kohout (CZ)



- 16:00 Introduction: Impact of malnutrition in patients admitted to the ICU and throughout the patient journey in the hospital / [Pavel Kohout](#) (CZ)
- 16:10 Optimizing ICU nutrition: Addressing the hidden challenge of gastrointestinal dysfunction
[Elisabeth De Waele](#) (BE)
- 16:30 Optimizing post-ICU recovery: Targeting ICU-acquired weakness and nutrition therapy in the window of opportunity / [Arthur van Zanten](#) (NL)
- 16:50 Optimizing post-hospital discharge: Nourishing recovery with high-energy, protein-dense ONS
[Heather Keller](#) (CA)
- 17:10 Panel discussion / All
- 17:25 Final remarks / [Pavel Kohout](#) (CZ)

Meet the Committee* | Saturday 13 September 2025

15:30 - 16:00

ESPEN Village

Meet with Cristina Cuerda (General Secretary of ESPEN) and Mireille Serlie (Chair of the ESPEN Scientific Committee)

Meet the Committee* | Sunday 14 September 2025

10:00 - 10:30

ESPEN Village

Meet with Stéphane Schneider (Treasurer of ESPEN) and Rosa Burgos (Chair of the ESPEN Educational and Clinical Practice Committee)

15:30 - 16:00

ESPEN Village

Meet with Stanislaw Klek (Chairman of ESPEN) and Mireille Serlie (Chair of the ESPEN Scientific Committee)

Meet the Committee* | Monday 15 September 2025

10:00 - 10:30

ESPEN Village

Meet with Cristina Cuerda (General Secretary of ESPEN) and Rosa Burgos (Chair of the ESPEN Educational and Clinical Practice Committee)

15:30 - 16:00

ESPEN Village

Meet with Stanislaw Klek (Chairman of ESPEN) and Stéphane Schneider (Treasurer of ESPEN)

Meet the Committee* | Tuesday 16 September 2025

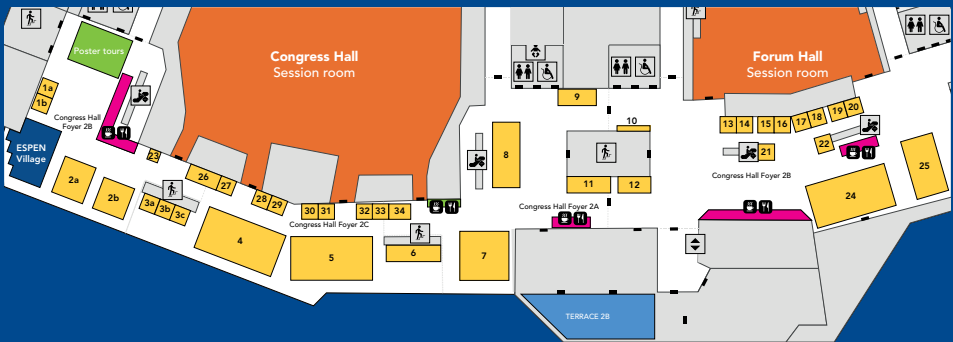
10:00 - 10:30

ESPEN Village

Meet with Cristina Cuerda (General Secretary of ESPEN), Stéphane Schneider (Treasurer of ESPEN) and Stanislaw Klek (Chairman of ESPEN)

* Upon pre-registration only and reserved exclusively for ESPEN members.

Level 2



| ESPE Village |
|-----------------------------|
| ESPE Membership |
| LLL Programme |
| nutritionDay |
| ESPE 2026 Congress |
| Meet the Committees Reply |
| Photo moment |
| Malnutrition Awareness Week |

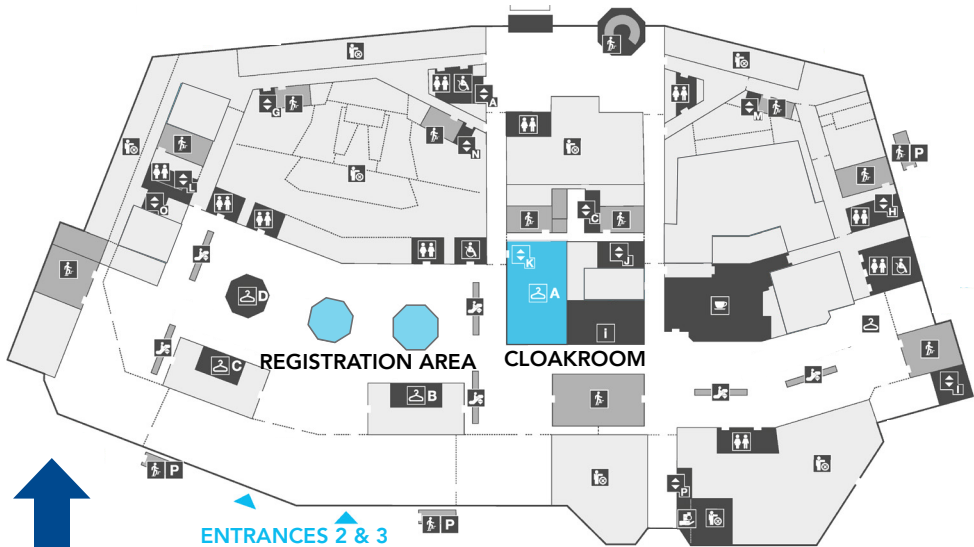
| Hospitality Suites | Level |
|-----------------------|----------------------------|
| AVANOS | Level 2 - Meeting room 2.4 |
| Baxter | Level 1 - Club Room C |
| Fresenius Kabi | Level 2 - Terrace 2B |
| Nestlé Health Science | Level 1 - Club Room B |
| Protara Therapeutics | Level 1 - Club Room D |

| Exhibiting Company | N° |
|-------------------------------------|----|
| Abbott | 5 |
| Akern - Science in Body Composition | 15 |
| Almarai | 6 |
| Applied Medical Technology, Inc. | 32 |
| ART MEDICAL | 14 |
| AVANOS | 2A |
| B. Braun | 8 |
| Baxter Healthcare | 25 |
| Beaconn Medical Technology | 17 |
| Bodystat Ltd | 3c |
| Carbery | 16 |
| Cardinal Health | 11 |
| Cosmed | 12 |
| Nutricia | 4 |
| Danumed Medizintechnik GmbH | 23 |
| Dutch Medical Food | 28 |
| Eitan Medical | 1b |
| Enteral Access Technologies | 33 |
| EOS2021, Srl | 3b |

| Exhibiting Company | N° |
|------------------------------|----|
| Fresenius Kabi | 24 |
| GBUK Ltd | 13 |
| Leinzett Medical Europe GmbH | 27 |
| HMC GROUP | 19 |
| InBody | 2B |
| Laboratoires Grand Fontaine | 6 |
| Maltron International Ltd | 34 |
| NUTREGO | 21 |
| Medtrition | 26 |
| Micrel Medical Devices SA | 18 |
| Protara Therapeutics | 3a |
| Nestlé Health Science | 7 |
| SterileCare Inc. | 20 |
| TauroPharm GmbH | 9 |
| Breezing | 1a |
| Thermo Fisher Scientific | 31 |
| Vesco Medical | 30 |
| Vivisol Srl | 22 |
| Wisepress | 10 |
| ZKSK MEDICAL | 29 |

Venue Floorplans

VENUE FLOORPLANS

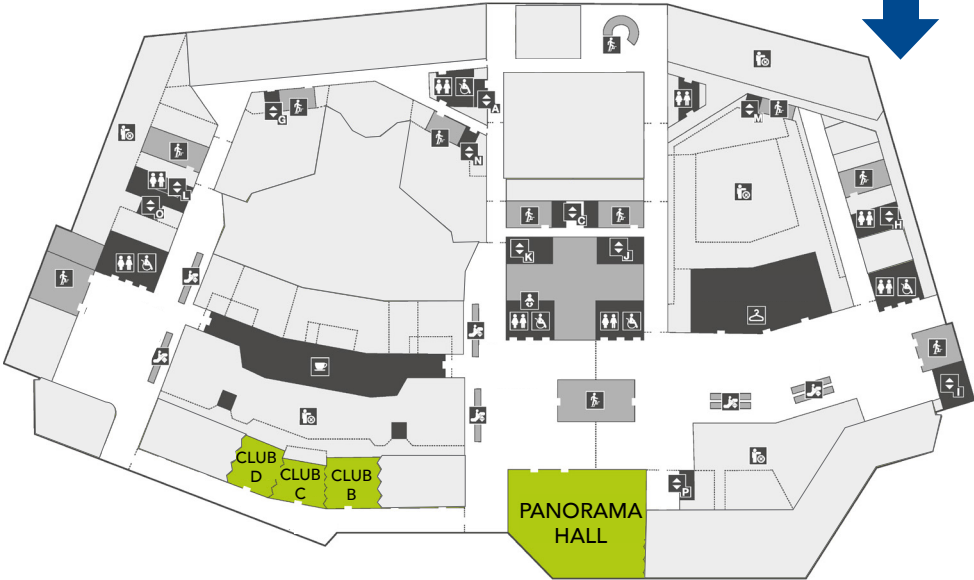


Level 0

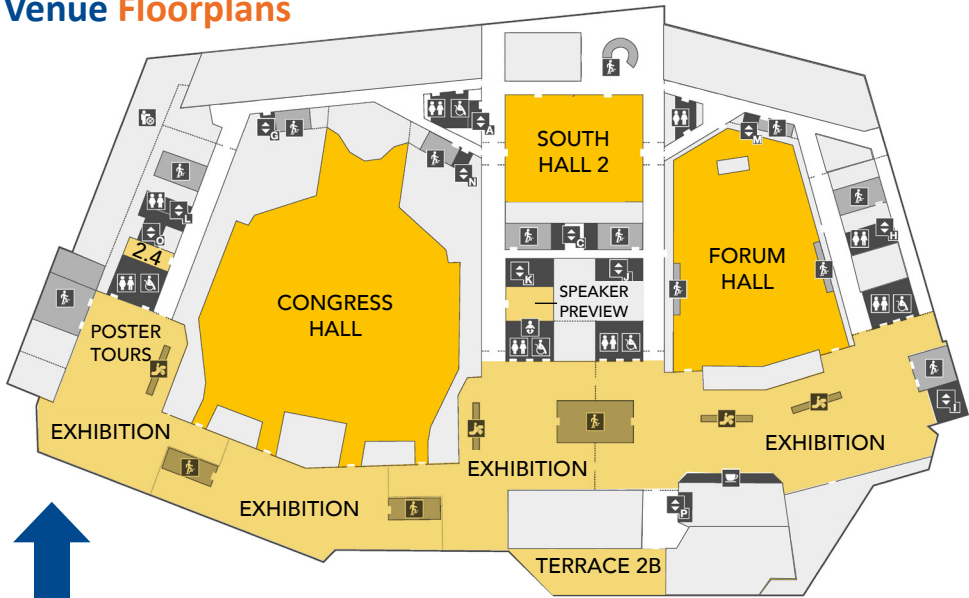
Entrance / Exit
Registration area
Cloakroom

Level 1

Panorama Hall: Session room
Club rooms B - D: Hospitality suites



Venue Floorplans



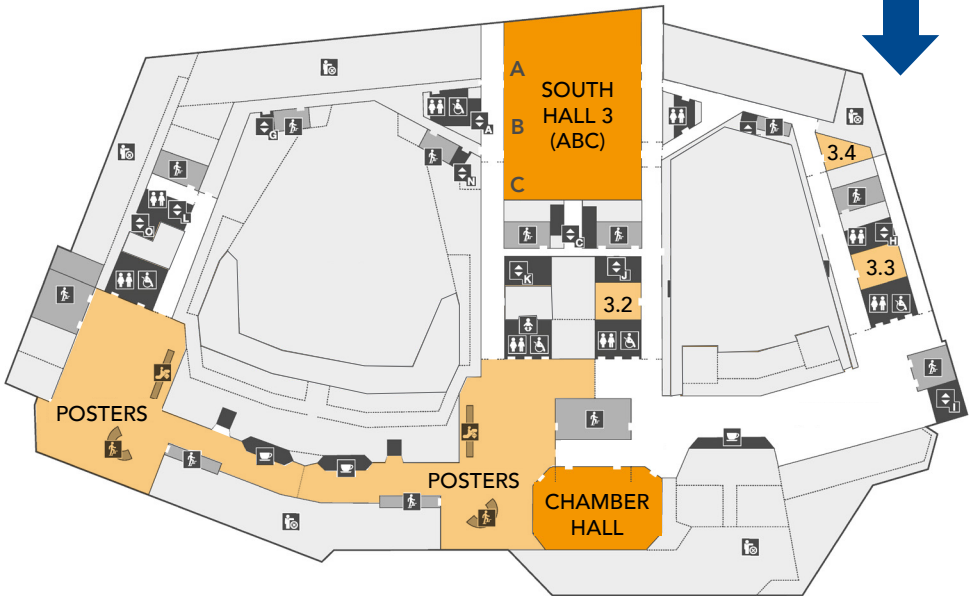
VENUE FLOORPLANS

Level 2

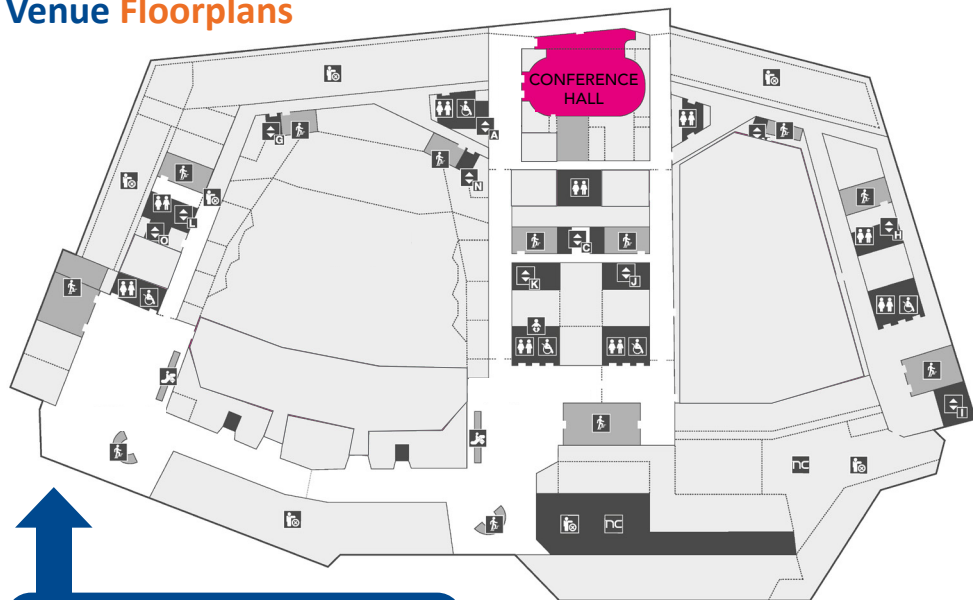
Congress Hall, Forum Hall & South Hall 2:
Session rooms
Speaker preview room
Room 2.4, Terrace 2B: Hospitality suites
Exhibition & Poster tours area

Level 3

South Hall 3ABC: LLL & session rooms
Chamber Hall: LLL session room
Rooms 3.2 - 3.4
Poster area



Venue Floorplans



Level 4

Conference Hall: LLL session room

Innovate with us, your expert Protein Partner

Optipep® Hydrolysed Whey Protein delivers optimal nutritional support

Informed by our expertise in human and performance nutrition, we have developed new heat stable whey protein ingredients for enteral nutrition products. The Optipep RTD range can deliver up to 18% protein in neutral pH Oral Nutrition Supplements (ONS). To demonstrate the outstanding taste, nutrition and functionality of our heat stable ingredients, we are showcasing a nutritionally complete ONS containing Optipep RTD.

KEY BENEFITS OF Optipep® RTD

- HEAT STABLE**
Great tasting 100% whey protein ingredient that can withstand UHT treatment and a 12 month shelf life in pack.
- RAPIDLY ABSORBED AND EASILY DIGESTED**
Proteins in the form of peptides can support the dietary management of patients with/or at risk of malnutrition or with increased protein and energy requirements.
- ALL WHEY**
Can deliver up to 18% pure whey content in neutral pH beverages.
- GRASS FED**
Made with milk from grass fed cows and suitable for vegetarians.

Visit us at
Booth No. 16



Concept only to demonstrate how our ingredient may be used in ONS

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ESPEN would like to thank the following sponsors for their support:



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CLINICAL
NUTRITION AND
METABOLISM

5-8 September 2026

Berlin ESPEN Congress

on Clinical Nutrition & Metabolism

Over
1,000
Scientific
Posters



Reasons to attend

- ✓ Stay up to date with the latest developments in clinical nutrition and metabolism
- ✓ Visit the industry exhibition to learn about the latest products first hand
- ✓ Grow your network by interacting with delegates from over 90 countries
- ✓ High-quality scientific and educational programme featuring:
 - Cuthbertson & Wretling Lectures
 - Early career & research fellows symposia
 - Best abstracts & travel awards
 - GLIM session
 - Oral communication sessions
 - LLL Courses
 - ESPEN Guidelines meetings
 - Keynote on Planetary Health Diet

NUTRITION
is the **MISSION**