

How to support immune health in the elderly with optimal nutritional management



Saturday, 19 September 2020 | 8:00-8:30h CET

Learning objects:

1. Understand why the elderly are a population at risk of malnutrition and how this may affect their immune system as an integral enabler of health and quality of life.
2. Learn about the role of specific nutrients for immune health and the importance of nutritional management of (co-morbid) elderly people, as a population group at risk of an impaired immune system.
3. Recognize the importance of incorporating nutritional counseling in routine screening and nutritional management of elderly people in retirement homes as well as at home.

We will be joined by:

Moderation: Dr. Peter Van Dael, SVP Nutrition Science and Advocacy at DSM

Changes in the immune system with advancing age (immunosenescence / inflammaging) and nutrition as modifiable factor

Dr. Simin Meydani, Lead Scientist Nutritional Immunology Team at Tufts University, Boston, Jean Mayer USDA, Human Nutrition Research Center on Aging

Lessons learned from COVID-19 and how optimal nutrition / prevention of malnutrition can support patients and improve recovery

Dr. Alessandro Laviano, Ass. Prof. of Internal Medicine at the Department of Clinical Medicine, Sapienza University of Rome

Q&A

As a purpose-led company, DSM continues to invest for the future, addressing nutritional needs to help keep the growing world population healthy. For more information about our Medical Nutrition solutions, visit www.dsm-medicalnutrition.com.